

Bank Holiday Opening Times Monday 7th May

Body Zone

6.30am - 2.00pm

Health Suite

8.00am - 1.00pm

Centre

6.30am - 2.30pm

Cafe

8.00am - 1.00pm

Swimming Pool

6.30am - 2.00pm



Bank Holiday Opening Times
Wednesday 9th May

Cafe

8.00am - 1.00pm

Health Suite

8.00am - 1.00pm

Body Zone

6.30am - 2.00pm

**Swimming
Pool**

6.30am - 2.00pm

Centre 6.30am - 2.30pm