

ADULT AND CHILD CLASSES



Our 20 minute classes are conducted by qualified, experienced ASA teachers and will help your child to:-

- Aids physical development
- Provides social interaction
- Help with language development.
- Provides stimulation and excitement
- Encourages independent movement
- Starts children on a path to a lifetime involvement in physical activity.

Classes are carefully arranged according to age and are suitable for babies and children from 5 months to 3 years. Lessons provide a positive social experience and are great fun for adults too!

****COURSES ARE CURRENTLY HELD EACH WEEKDAY DURING TERM TIME AS FOLLOWS:**

Day	20 minutes sessions between the following times:
Monday	1.20pm - 2.40pm
Tuesday	11.00am – 12 Noon
Wednesday	9.30am - 11.20am
Thursday	10.45am - 11.25am 1.40pm - 2.40pm
Friday	10.40am - 11.40am

****Advance booking is required for all classes**

For further information, to book a course or request an application form, please contact the **Swim School office telephone 747240**