

Fitness Package...

Can you beat
this for value?



- A one-to-one session with an instructor to design your individual programme.
- Ten workouts in the Gym.
- A follow up session to re-evaluate your programme.
- Swim included with your workout.
(during public swimming sessions)

Various Membership schemes are available on completion of the Fitness Package.

Subsequently take out Freedom Membership for the full amount and we will give you one month's membership **FREE**

All this for just £73.30

For more information
telephone 747233.

www.beausejour.gg



**Beau Sejour
Leisure Centre**