



ZUMBA®

LET IT MOVE YOU™

NOVEMBER

Mon 2nd	6pm ~ Dave Ferguson Hall
Tue 3rd	6pm ~ Dave Ferguson Hall
Wed 4th	11.30am ~ Fitness Studio
Thu 5th	7.30pm ~ Fitness Studio
Sun 8th	6pm ~ Fitness Studio
Tue 10th	6pm ~ Dave Ferguson Hall
Wed 11th	11.30am ~ Fitness Studio
Thu 12th	7.30pm ~ Fitness Studio
Sun 15th	6pm ~ Fitness Studio
Wed 18th	11.30am ~ Fitness Studio
Thu 19th	7.30pm ~ Fitness Studio
Sun 22nd	6pm ~ Fitness Studio
Mon 23rd	6pm ~ Dave Ferguson Hall
Tue 24th	6pm ~ Dave Ferguson Hall
Wed 25th	11.30am ~ Fitness Studio
Thu 26th	7.30pm ~ Fitness Studio
Sun 29th	6pm ~ Fitness Studio

**5 Extra
Classes!**

Class Prices: FREE for Freedom Members,
or £7.20 for non-members

Telephone 747200 to book or see
Reception for more details.

www.beausejour.gg



Beau Sejour
Leisure Centre