



Supported by

Specsavers®



ADULT GROUP SWIMMING CLASSES

***Tuesdays/Thursdays*/Fridays
during term time 9.30-10.30 am***

*(*Adults who can comfortably swim 25 metres front and back)*

CLASSES AVAILABLE FOR ALL STANDARDS

**Learn to Swim / Improve your Stroke Technique /
Advanced Training Session**

All abilities catered for by our team of qualified ASA Teachers

NO NEED TO BOOK IN ADVANCE

**Ask in Reception for 'Adult Group Swim'
Cost: £5.80 Members - £6.90 Non-Members**